

Honouring a SickKids legend



Dr. Robert B. Salter (1924 – 2010) built a legacy at SickKids through his world-renowned discoveries and compassionate spirit. During his 55-year career, Dr. Salter was a researcher and pioneer in the field of orthopaedic surgery. His groundbreaking techniques have been used to treat millions of patients worldwide. His practices, considered the gold standard of care, earned him a Companion in the Order of Canada

and induction into the Canadian Medical Hall of Fame.

Dr. Salter's connection to the hospital lives on through his family. His wife, Robina, has made a commitment to continue their legacy and passion for teaching by leaving a gift to SickKids in her will. Her bequest will support continuing education for the next generation of health care professionals, and will help SickKids continue to be a world leader in child health research, care and education.

Robina's gift will support the discovery of innovative treatments allowing children to live long, healthy and happy lives. We are so grateful to Robina and so many others who support SickKids in their will.



Catherine Catherine Starling Associate
Denise Denise Fernandes Associate Director
Malcolm Malcolm Berry Director
Brittany Brittany Allen Coordinator
Eva Eva Avramis Manager



GIFT & ESTATE PLANNING, SickKids Foundation
525 University Avenue, 14th Floor Toronto, Ontario M5G 2L3
Call us: 416.813.8271 or 1.800.661.1083 ext. 8271
Email us: gift.planning@sickkidsfoundation.com
www.sickkidsfoundation.com

BEQUEST INFORMATION

SickKids Foundation is the hospital's parallel charity which raises money, performs estate administration and manages endowments on behalf of The Hospital for Sick Children (SickKids).

Do your estate plans include SickKids Foundation? Let us know! If you plan to make a bequest, the name you should include in your will is:

The Hospital for Sick Children Foundation

PRIVACY

SickKids Foundation respects the privacy of its donors. Please read our full privacy policy at www.sickkidsfoundation.com.

ABOUT PLANNING FOR KIDS

Planning for Kids is a charitable gift planning newsletter published twice a year by SickKids Foundation. The information provided is general in nature and not intended to be a substitute for professional legal and financial planning advice. The Foundation encourages donors who are planning a significant donation to seek legal and financial planning advice.

SHARE WITH US

We invite you to share your comments and ideas with us. If you have an idea for a story or would like to make a general comment or suggestion about the contents of the newsletter, please send an email to: gift.planning@sickkidsfoundation.com or call 416.813.8271.



ABOUT THE COVER PHOTO

In a world first, doctors at SickKids performed an innovative operation using an external artificial lung to keep Katie Sutherland alive until donor lungs were available.

Planning for Kids

SickKids Gift Planning Newsletter



Katie's graduation

In July 2008, doctors at SickKids had deep concerns about whether Katie Sutherland would ever leave her hospital bed. The bubbly fifteen-year-old had been diagnosed with pulmonary hypertension which causes the arteries in the lungs to become narrowed, blocked or destroyed. This was making it harder for blood to flow through Katie's lungs. As the pressure in her arteries built, her heart was working overtime to pump blood to the lungs which eventually led her heart muscle to weaken and fail.

Within days, Katie had gone from being an exceptionally fit teenager who loved to play soccer, to being unable to breathe. Her only hope was a lifesaving double lung transplant. But with no suitable donor available, Katie's odds of survival were small.

The Novalung, an artificial lung, had been used successfully to sustain adult transplant patients waiting for donors, but it had never been used on a paediatric patient. SickKids surgeons decided that Katie would be the first.

Miraculously, the Novalung proved to be successful, relieving the pressure on Katie's heart before undergoing a double lung transplant. Just months later, Katie was back on the soccer field.

Now, at 22-years-old Katie, is forever grateful to the place that saved her life. She is now dedicated to giving back.

This past summer, Katie graduated from the University of Western Ontario with a degree in Childhood and Social Institutions, a milestone that, six years ago, she wasn't sure she'd live to celebrate. Just weeks ago, Katie embarked on the next chapter of her journey. She is studying Child Life at McMaster University and plans on becoming a Child Life Specialist. These are pediatric health care professionals who work with patients and their families to help them cope with the challenges of hospitalization, illness, and disability, at SickKids. "I'm really passionate about working with chronically-ill children. Probably because I was one, so I can relate," says Katie. "I feel like working in the hospital and giving back is my calling."

There's no stopping her now.



Katie spent one month on an artificial lung at The Hospital for Sick Children while she waited for a lifesaving transplant.

Nursing education for the next generation



Seventy-five-year-old Stouffville resident Donalda Parkes is part of nursing history. For more than half a century she has witnessed the changing face of nursing in Canada, but moreover, she has left an impenetrable mark as an advocate of education reform.

Donalda graduated from the three-year registered nursing program at The Hospital for Sick Children in 1960 at age 21. She was keen, ambitious and determined

There was no formal program to orient nurses, so Donalda took it upon herself to educate new hires when they arrived on the unit.

to excel in her new role. Her first placement was in the recovery room caring for post-op patients. But despite having spent the past 36 months undergoing clinical training, “you really learned on the job,” she admits. There was no formal program to orient nurses, so Donalda took it upon herself to educate new hires

when they arrived on the unit. She had always liked teaching, even at the one room school house she had attended as a child.

For the next 24 years, she honed her talent for teaching as an instructor in the Intensive Care Unit (ICU).

During that time she took a leave of absence to complete a Bachelor of Science in Nursing degree and later obtained her Masters in Education. When she returned to SickKids in 1986, she was appointed Education Coordinator within the Critical Care Program. She was now responsible for implementing education programs in seven units with 12 instructors reporting to her. Over the next five years, Donalda helped put SickKids on the map in terms of clinical education for nurses. Gone were the days when nurses were thought of as little more than simply helpers or assistants for physicians. They were becoming respected healthcare professionals in their own right, playing an important and vital role in providing frontline care to patients.

After 31 years, Donalda left SickKids in 1991, but her teaching continued in the geriatric field until she retired from nursing in 2002. “I’ve always loved working with children and I am very appreciative for everything that SickKids taught me over those many



Class is in session. Donalda (far right) captivates a group of new grads during a lesson at SickKids in the early 1970s.

years.” With no children of her own, Donalda will create a lasting legacy at the place that became like her second home. It is her wish that the residue from her estate be given to SickKids. She wants to ensure that critical care nurses in the future have the chance to pursue advanced educational opportunities, just as she did. “I am a big believer in education.” That she is.

Turning “trash” into cash for SickKids



The school bell rang one morning in September 1971. It was Max Jackson’s first day as a principal at Maple Grove Public School. He had always dreamed about becoming a principal. He loved working with children and molding the minds of tomorrow seemed like a very important job to him. Within weeks, Max knew every student by

name. He fondly became known by his students simply as, Mr. J.

He would spend the next several decades making a permanent mark on the education system in Ontario as a leader for anti-bullying initiatives.

Before his retirement in 1993, Max met one little girl whose spirit touched him more than any other student before. Her name was Rachel. She had taken a particular liking to Mr. J.

Even when Rachel’s family moved away from their neighbourhood, Max never forgot about her. But one day Max got a call from Rachel’s mom. Rachel was sick. She had been diagnosed with cancer at The Hospital for Sick Children.

“It’s still in my heart to help children,” says the lifelong educator. “I’m not a principal anymore, but by doing this I can continue to give something back to children, as they have done for me for so many years.”

Despite being surrounded by loved ones, something was missing from Rachel’s support circle. She was missing Mr. J.

The next week, Rachel’s mom arranged a visit. When Rachel saw him, her face lit up and they gave each other a big bear hug. It was at that

moment that Max made a commitment. Inspired by Rachel’s courage and strength, and wanting nothing more than to help her heal, he made his first donation to SickKids.

Today, Max has been giving back to SickKids for over a decade. He is a member of the SickKids Miracle Club, making monthly donations. But he also does something extra special. He collects bottles and cans, lots of bottles and cans. Every week Max gathers recyclables from his neighbourhood and turns it in for cash. His haul generates approximately \$300 a month. To date, he has donated nearly \$20,000 to the hospital. His goal is to reach \$25,000!

Max intends on continuing his bottle and can collection for as long as he can, creating a lasting legacy so that children like Rachel have a place to come for world-class, lifesaving care.

GIFTS OF RRSP/ RRIF FUNDS

Retirement funds are one of the best ways to grow wealth during your lifetime, but one of the worst ways to transfer wealth to the next generation, as they are among your most heavily taxed assets. Registered assets can only be rolled over to a surviving spouse, but are taxed if transferred to children or next of kin.

A gift of RRSPs or RRIFs is a worthwhile alternative to a cash gift. You can donate all, or a portion of, your retirement funds to SickKids.

The benefits of donating RRSPs and RRIFs include:

- satisfaction of providing a future gift, while retaining ownership and use of the fund during your lifetime;
- a charitable tax receipt for your estate;
- offsetting estate taxes and reducing probate fees; and
- the ability to donate whilst also providing for your family by naming more than one beneficiary.

The gift will truly make a difference in the lives of patients at SickKids. Simply request a change in beneficiary form from your plan provider and name The Hospital for Sick Children Foundation as a beneficiary of RRSP or RRIF.

For more information about making a gift of RRSPs or RRIFs, please contact the **Gift & Estate Planning Team** at **416-813-8271** or **gift.planning@sickkidsfoundation.com**.